



ARIZONA PSYCHOANALYTIC SOCIETY

Saturday November 12, 2016

A Film and Psychoanalysis Salon

Lars and The Real Girl

“Loneliness and The Creation of Realness in Lars and the Real Girl”

With: Joye Weisel-Barth, Ph.D, Psy.D

Extremely shy Lars (Ryan Gosling) finds it impossible to make friends or socialize. His brother (Paul Schneider) and sister-in-law (Emily Mortimer) worry about him, so when he announces that he has a girlfriend he met on the Internet, they are overjoyed. But Lars' new lady is a life-size plastic woman. Lars and the Real Girl is a heartfelt and poignant film that captures the essence of early attachment loss and the brilliant capacity for resilience in the human spirit.

Presenter and Dialogue with:

Joye Weisel-Barth, Ph.D, Psy.D.



Dr. Joye Weisel-Barth is a senior analyst, instructor, supervisor, and a board member at the Institute of Contemporary Psychoanalysis, Los Angeles. She is on the Council of the International Association of Self Psychology, Book Review Editor for the International Journal of Psychoanalytic Self Psychology and Associate Editor of Psychoanalytic Dialogues. Dr. Weisel-Barth writes a lot and reads psychoanalytic literature for fun.

Location: Courtyard Marriott, Scottsdale Old Town; 3311 North Scottsdale Rd., Scottsdale, AZ 85251

Schedule

8:00 AM Registration (No fee to view film – coffee provided) PRE REGISTRATION REQUESTED

8:15 AM Film: Lars and The Real Girl 1h 46m

10:00 AM Salon Registration

10:30 AM “Loneliness and The Creation of Realness in Lars and the Real Girl” – Dr. Weisel-Barth

12:30 PM Lunch Break LUNCH PROVIDED AT SALON REDUCED FEE

1:15 PM Salon Resumes – Dr. Weisel-Barth with Audience Q&A

3:15 PM Salon Ends

Pre-Registration

\$45 for APS members

\$65 for non-members

\$20 for students

Non-Registration

additional \$10 at door

[Click Here to Pre-Register](#)

PROGRAM LEARNING OBJECTIVES

After attending this program, participants will be able to:

- Describe the concept of loneliness as a psychological state and list three ways in which intra and inter-personal dynamics give rise to loneliness.
- Describe and give an example of how the role of relationships and community involvement can promote the development of self and aid in psychic healing.
- Use concepts from research on development to design meaningful therapeutic goals in play therapy.

ESSENTIAL READINGS:

Chiesa M, Fonagy P (2003), Psychosocial treatment for severe personality disorder. 36-month follow-up. *British Journal of Psychiatry* 183:356-362.

Fromm-Reichmann, F. (1990). Loneliness. *Contemp. Psychoanal.*, 26:305-329.

Leichsenring, F., Leibling, E. (2003). The Effectiveness of Psychodynamic Therapy and Cognitive Behavior Therapy in the Treatment of Personality Disorders: A Meta-Analysis. *American Journal of Psychiatry*, 160: 1223-1232.

Satran, G. (1978). Notes on loneliness, *J. Am. Academy Psychoanal.*, 6 (3): 281- 300

Weisel-Barth, Joye (2008): Loneliness and the Creation of Realness in Lars and the Real Girl, *International Journal of Psychoanalytic Self Psychology*, 4:1, 111-118

Winnicott, D. W. (1958). The Capacity to be Alone. The Maturation Processes and the Facilitating Environment. New York: International Universities Press, 1979, 29-36

Winnicott, D. W. (1951) Transitional objects and transitional phenomena. In *Playing and Reality* (pp. 1-25). New York: Basic Books, 1971.

Winnicott, D. W. (1960) The theory of the parent-infant relationship. In *The Maturation Processes and the Facilitating Environment* (pp. 33-55). New York: International Universities Press, 1965.

This program is open to Psychologists, Psychiatrists, Counselors, and Social Workers, Graduate Students and all other mental health professionals, as well as those interested in mental health. This Salon is considered by APA, Division 39, to be an advanced activity.

APS is an affiliate of The International Association of Psychoanalytic Self Psychology .

This program, when attended in its entirety, is available for 4 Category 1 Continuing Education Credits. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content.

Division 39 is committed to accessibility and non-discrimination in its continuing education activities. Division 39 is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Arizona Psychoanalytic Society at arizonapsychoanalyticsociety@gmail.com

Program Committee: Allan H. Gelber , PH.D, Soffia Palsdottir , Psy.D, Jeremy Frey